

Wk.2 Plant Medicine

CAU Summer 2026: Week Two, July 12 - 18, 2026

COURSE: Plant Health & Culture: Plant Medicine—Exploring Nature’s Healing Potential FACULTY: Dr. Giulia Friso, Senior Lecturer and Senior Research Associate, School of Integrative Plant Science, Plant Biology Section LOCATION: Kennedy Hall, room 105 and some field work				KEY: ~ Balch Residents Only > Open to everyone: Commuters and Balch Residents * Balch Residents and Social Lounge Participants Only			
	Sunday, July 12	Monday, July 13	Tuesday, July 14	Wednesday, July 15	Thursday, July 16	Friday, July 17	Saturday, July 18
6:30-7:30		~ Special Activity	~ Special Activity	~ Special Activity	~ Special Activity	~ Special Activity	
7:30-8:30	Program Closed; Check-in begins at 2:00pm	~ Balch Hall Continental Breakfast	~ Balch Hall Continental Breakfast	~ Balch Hall Continental Breakfast	~ Balch Hall Continental Breakfast	~ Balch Hall Continental Breakfast	Check out 10AM
8:30-9:00		~ Shuttle to class	~ Shuttle to class	~ Shuttle to class	~ Shuttle to class	~ Shuttle to class	
9:00-12:00 <i>Coffee Break 10:30-10:45</i>		Exploring Plant Medicine: An Ethnobotanical Approach	Plants of the CU Botanic Garden	Botanical Medicine Through History	Botanical and Culinary Medicine	Exploring the Herbal Farm: Plant Varieties	
12:00-1:30		Lunch (on your own)	Lunch (on your own)	~ Shuttle Runs 12:00-12:30pm	Lunch (on your own)	Lunch (on your own)	
1:30-3:30	2:00-3:30pm Dorm Check-in	Healing Plants: Myths, Legends, and Modern Botanical Medicine	Plants of the CU Liberty Hyde Bailey Hortorium & Herbarium	Spring Break	Botanical Support for Stress, Anxiety, Digestion and Inflammation	Herbal Products and Medicines Regulations, Bioprospecting and Fair Benefits, Discussion with Q/A	
3:30-4:00	3:30-5:00pm Commuter Check in	~ Shuttle to class	~ Shuttle to class	1:30-3:30pm Wednesday Afternoon Seminars (for those who registered)	~ Shuttle to class	~ Shuttle to class	
4:00-6:00	5:00-6:00pm Orientation	~ Social Lounge Open > Campus Tours (Registration Required)	~ Social Lounge Open > Campus Tours (Registration Required)	Social Lounge Closed until 7:00pm	~ Social Lounge Open > Campus Tours (Registration Required)	~ Social Lounge Open > Campus Tours (Registration Required)	
6:00-7:00	> Group Dinner (pay-as-you-go)	> Group Dinner (pay-as-you-go)	> Group Dinner (pay-as-you-go)	> Group Dinner (pay-as-you-go)	> Group Dinner (pay-as-you-go)	5:45-6:15pm ~ shuttle available 6:00-6:30pm > Farewell Reception (Statler Hotel Ballroom Foyer) 6:30-8:00pm > Farewell Banquet (Statler Hotel Ballroom) 7:45-8:15pm ~ shuttle available	
7:00-9:30pm	> Social Lounge Open > Special Activity: Ice Cream Social @8:00pm	*Social Lounge Open >7:30pm Special Activity: Keynote Speaker @ Klarman Hall ~7:00pm shuttle	*Social Lounge Open *Special Activity: Nature Hike @ 7:30pm	*Social Lounge Open *Special Activity: Bingo @ 8pm	*Social Lounge Open *Special Activity: Pins and Needles Broadway Hits @ 8pm		
9:30pm	Social Lounge service ends	Social Lounge service ends	Social Lounge service ends	Social Lounge service ends	Social Lounge service ends	Social Lounge service ends	

Addresses:

Kennedy Hall - 215 Garden Ave, Ithaca, NY 14850
 Cornell Botanic Gardens - 124 Comstock Knoll Dr, Ithaca, NY 14850
 Liberty Hyde Bailey Hortorium & Herbarium - 412 Mann Library, Ithaca, NY 14853
 Toni Morrison Dining Hall - (> Group Dinners) 18 Sisson Pl, Ithaca, NY 14850
 Balch Hall CAU Headquarters - 600 Thurston Ave. Ithaca, NY 14850
 Klarman Hall KG70: Rhodes Rawlings Auditorium - (>Keynote Speaker) 232 Feeney Wy, Ithaca, NY 14850