

CAU SUMMER 2025 WEEK 1, JULY 6-12, 2025 FACULTY: Dr. Giulia Friso, Senior Lecturer and Senior Research Associate, School of Integrative Plant Science, Plant Biology Section LOCATION: Kennedy Hall 101					COURSE: Plant Medicine - Exploring Nature's Healing Potential		
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30-7:00AM		Gentle Yoga, RBG Lounge (optional) (M-R)					
7:00-8:30 AM		Group Breakfast, Toni Morrison Dining (meet at RBG to walk together, optional, pay as you go)					Independent Breakfast Available at Toni Morrison Dining Hall
9:00-12:00PM		Course Introduction, 10-10:30 coffee break and Medical Ethnobotany	Tour of the CU Botanic Garden with collection of plant material to press Meet at Nevin Center 10-10:30 Coffee Break with antioxidant snack	History and Culinary Medicine with Q/A	Discussion Property Rights, Conservation of Biodiversity with Q/A 10-10:30 Coffee Break, Plant Metabolites With Q/A	(Pickup at Ruth Bader Ginsberg @ 9am) Field Trip & Guided Visit to a local Herbalist Farm, Coffee Break	Check- out by 10 AM
12:00-1:30 PM		Lunch/Free Time (M-F)					
1:30 -3:30 PM	2:00-3:30 PM Welcome! Dorm Participant check-in at RBG Hall	Plant Myths and the History and Development of Botanical Medicine w/ Q&A	Tour of the Liberty Hyde Bailey Hortorium & Herbarium (4th floor Mann library) - take elevator by Mann Cafe Activity: pressing the collected specimens at the Liberty Hyde Bailey Herbarium	Spring Break	Herbarium mounting and Lecture	Plant Metabolites continue. Exploring the Regulation of Herbal Extracts, Supplements, and Medicines, Q/A, Concluding Remarks	
4:00-6:00 PM	3:30-5:00 PM Welcome! Commuter check-in at RBG Hall	CAU Social Lounge, RBG (for dorm residents + Social Lounge package holders)		Spring Break (CAU Social Lounge is Closed)	CAU Social Lounge, RBG (for dorm residents + Social Lounge package holders)		
	5:00-6:00 Orientation & Reception at Toni Morrison Multipurpose Rm.						
6:00 PM	6:00-7:00 Group Dinner Toni Morrison Dining (pay as you go)	Group Dinner, Toni Morrison Dining (meet at RBG to walk together, optional, pay as you go)				6:00 PM Farewell Reception, Statler Hotel Ballroom Foyer	
7:00 PM	7:00- 9:30 PM Social Lounge is Open					7:00- 9:30 PM Social Lounge is Open	
7:30-8:30 PM	8:00 PM Ice Cream Social, RBG Lounge (dorm residents + Social Lounge package holders)	Lecture, Klarman Hall Auditorium	Lecture, Klarman Hall Auditorium	Bingo, RBG Lounge	Lecture, Klarman Hall Auditorium		
9:30 PM	Last Call! Social Lounge Closes						
(M-SA) 8:30 Dorm participants shuttle to on-campus classes(M-F 8:30 dorm participant ; (3:30 dorm participant shuttle return to RBG); (Meet at 5:45 in RBG Lounge for group walk to dining hall); (7:00 dorm participant shuttle to evening lecture from RBG) (8:30 dorm participant shuttle to RBG from Klarman Hall)							