

Cornell University



Cornell's Adult University (CAU)

Greenland's Arctic Grandeur
Traditional Culture & Glacial Landscapes
Aboard Exploris One

August 30 – September 9, 2025

CRUISE HIGHLIGHTS

SAIL aboard the newly renovated *Exploris One*, specially built for polar expeditions, along Greenland's western coast with expert naturalist guides, who will illuminate the glaciers, local culture, and Arctic flora and fauna

BEGIN with an **overnight stay in Reykjavík**, exploring Iceland's capital before boarding a privately chartered flight to Kangerlussuaq, Greenland, for your Arctic adventure

JOIN experts aboard Zodiacs to cruise **up close to Greenland's most awe-inspiring glaciers**

SPOT massive icebergs and migrating whales along the UNESCO-listed **Ilulissat Icefjord**

OBSERVE firsthand **the effects of climate change with expert guides**, who will explain glacier dynamics, ice sheet melt, and shifting Arctic ecosystems during Zodiac excursions and onboard lectures

WITNESS one of nature's most awe-inspiring phenomena: **the dramatic spectacle of "ice calving"**—when large pieces of a glacier break away and form icebergs—at the three-mile-wide **Eqi Glacier**

CRUISE by Zodiac to **Disko Island's unique Kuannit coastline** to admire fields of angelica and breathtaking volcanic basalt cliffs

MEET members of **local Inuit communities** for insights into their unique culture and traditions that have endured for centuries

EXPERIENCE 4,500 years of history with experts at exceptional museums, including the **Greenland National Museum & Archives** and the **Sisimiut Museum**, home to the island's oldest intact church

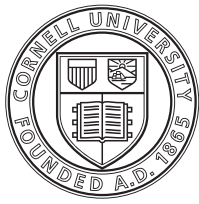
TRAVELING WITH YOU



John Tobin-de la Puente is Professor of Practice, Academic Director of the Grand Challenges Program, and CEMS Master in International Management (MIM) in the Dyson School of Applied Economics + Management. He is an ecologist and attorney with more than two decades of private sector experience, having worked in the international finance industry for much of his career.

Following a decade of corporate legal practice in emerging markets finance, while actively providing counsel on environmental conservation matters on a pro-bono basis, he turned his full attention towards the growing area of corporate sustainability, becoming Managing Director and Global Head of Sustainability at Credit Suisse. In this position, he pioneered various initiatives and policies aimed at setting the finance industry on a more sustainable course.

In 2016 he transitioned into a faculty position at Cornell University, where he teaches corporate sustainability, environmental and social risk management, impact investing, environmental finance, and related topics to undergraduates and graduate students in business and public affairs. His research focuses on the use of financial tools to generate positive outcomes in the areas of sustainable development and biodiversity conservation.



Cornell University

Dear Alumni, Parents, and Friends,

Greenland's colossal ice sheet and rugged coastline hold secrets of Earth's past and clues to our future. The world's largest island, three times the size of Texas, has drawn explorers and settlers for millennia. Today, as an autonomous territory of Denmark, it stands at the crossroads of tradition and change. In August 2025, join Cornell's Adult University as we **sail along Greenland's western coast**, where glaciers calve icebergs into pristine fjords and Inuit communities preserve ancient ways of life.

This is your chance to explore one of Earth's last frontiers before it transforms forever. Embark on an extraordinary journey above the Arctic Circle, sailing in comfort aboard the newly renovated, exclusively chartered *Exploris One* (formerly Silversea Cruise Line's *Silver Explorer*), custom-built for polar expeditions. Our eight-night cruise will take you to remote villages and ports inaccessible to large ships.

Expert naturalist guides will illuminate Greenland's unique geology, wildlife, and the impacts of climate change on its epic glaciers. Board Zodiacs for up-close, expert-led encounters with massive ice formations. In colorful coastal villages, meet Inuit residents to learn about their centuries-old traditions, from hunting to crafts; sample distinctive Greenlandic cuisine; and join guided tours of fascinating museums that document Greenland's complex history and even house small yet remarkable collections of Greenlandic art.

After an overnight stay with guided tours in Reykjavík, we'll take a privately chartered flight to Kangerlussuaq, Greenland, to board *Exploris One*. Awe-inspiring moments will follow: At Eqi Glacier, have your cameras ready for an unforgettable natural spectacle, watching as massive icebergs crash into the sea. Marvel at Jakobshavn, the Northern Hemisphere's most active glacier, and the UNESCO-listed Ilulissat Icefjord. Sail into Evighed Fjord, stretching over 60 miles with glaciers, tundra, and jagged cliffs. Our expert guides will help you spot whales, seabirds, and other Arctic wildlife throughout the journey.

John Tobin-de la Puente, Professor of

Practice at Dyson School of Applied Economics and Management, will offer his distinctive perspective as your CAU Study Leader. His expertise in ecology and sustainability will bring depth to discussions on Greenland's changing environment, its impact on local communities, and the delicate balance of development and conservation in the Arctic.

To reserve your cabin aboard *Exploris*

One, please call our tour operator Arrangements Abroad at 800-221-1944 or email trips@arrangementsabroad.com. This co-sponsored program will fill quickly, so book your place today. Join us in August 2025 for an unforgettable voyage into the Arctic frontier.

Warmly,
CAU (Cornell's Adult University)
Alumni Affairs

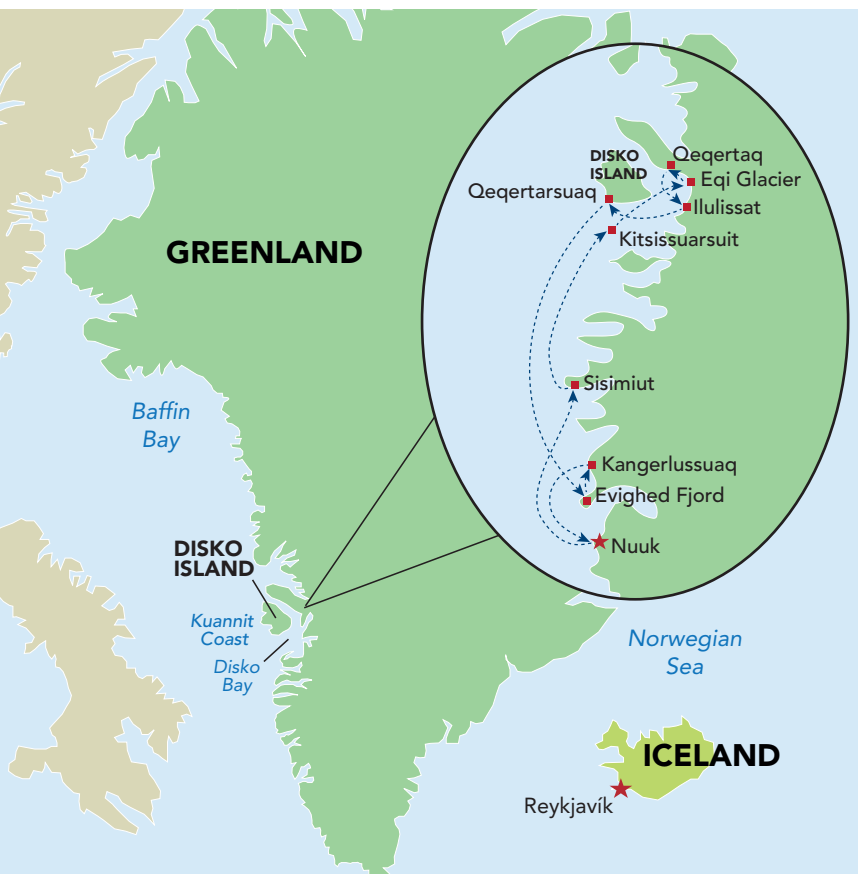
Activity Level:



Pace Level:



Visit Arrangements Abroad's website for more information about Activity and Pace Levels at www.arrangementsabroad.com/faqs.



Greenland's Arctic Grandeur

Traditional Culture & Glacial Landscapes

Aboard *Exploris One*

August 30 – September 9, 2025



Reykjavik, Iceland

SATURDAY, AUGUST 30: DEPARTURE

Depart for Reykjavik, Iceland, on an overnight flight.

SUNDAY, AUGUST 31: REYKJAVÍK, ICELAND

Arrive this morning and transfer to the hotel for an overnight stay. After lunch, choose from three options, including spending the afternoon at leisure. You may also join a rejuvenating excursion to the **Sky Lagoon**, an oceanside thermal pool that modernizes Iceland's ancient bathing traditions. While enjoying a relaxing soak, savor views of the Atlantic as well as sights like Bessastaðir, known as Iceland's presidential residence, and the 700,000-year-old Snæfellsjökull glacier.

As a third option, participate in an island tour, including a visit to the **National Museum of Iceland**, which preserves the country's expansive heritage through its vast collections, from medieval artifacts to 20th-century photographs. Continue to the historic center of Reykjavik, once a Viking village, and admire its charmingly colorful, corrugated-iron houses. This evening, gather for a private cocktail reception at a special venue, with dinner at leisure. L,R

MONDAY, SEPTEMBER 1: REYKJAVÍK / KANGERLUSSUAQ, GREENLAND

After checking out of the hotel this morning, transfer to the Keflavik airport for a privately chartered flight to Greenland. Arrive in **Kangerlussuaq**, Greenland's hub for air transport. This tiny municipality sits at the end of a 110-mile-long fjord, where you will board *Exploris One*.

After settling into your cabin, the ship will set sail along the fjord and out to sea for the rest of the evening, heading south along Greenland's western coastline to the capital of Nuuk. B,L,D

TUESDAY, SEPTEMBER 2: NUUK

Accessible only by sea or air, **Nuuk** is Greenland's largest city, situated at the mouth of one of the world's largest fjord systems, known for its waterfalls, humpback whales, and icebergs. Notably, Paleo-Eskimo people settled here around 2200 B.C. Walk along Nuuk's waterfront dotted with pastel-colored houses, with the nearly 4,000-foot-tall Sermitsiaq mountain as a dramatic backdrop.



Nuuk, Greenland



During the stop here, make your way to the **Greenland National Museum & Archives**, housed in one of Nuuk's traditional colonial harbor warehouses. Admire its collections charting 4,500 years of Greenland's history, from its Stone Age inhabitants to the modern lives of Inuit hunters and fishermen. Here, a native Greenlander will lead you through a private introduction to the local culture.

Before returning to *Exploris One*, you may opt to join a local guide for a visit to the **Nuuk Art Museum**. Peruse early 20th-century paintings of Greenland as well as Greenlandic figurines from the holdings of two prominent private collectors. Enjoy the captain's welcome aboard reception and dinner, where you will meet the crew. B,L,D

WEDNESDAY, SEPTEMBER 3: SISIMIUT

Exploris One will cross the Arctic Circle this morning as it cruises toward **Sisimiut**, Greenland's second-largest town and a settlement for more than 4,000 years. Home to many students and business organizations, Sisimiut is notable as Greenland's northernmost port that remains ice-free during the winter.

You may choose to take a privately guided tour of the **Sisimiut Museum**, housed in a collection of colonial buildings, some dating to as early as the 18th century. Its exhibits are devoted to the local Inuit history, shipping and trade, and archaeological artifacts documenting life dating back 4,000 years.

One of the museum's buildings is the **Bethelkirken** (commonly known as the "Blue Church" for its color), Greenland's oldest intact house of worship, prefabricated in Copenhagen in 1771 and assembled here in 1775. Return to *Exploris One* for dinner and set forth for Kitsissuarsuit. B,L,D

THURSDAY, SEPTEMBER 4: KITSISSUARSUIT

This morning, arrive off the coast of **Kitsissuarsuit** and transfer by Zodiac into town. First settled in 1830 by Dutch whalers, this Inuit settlement of just 50 inhabitants remains self-sufficient thanks to its marine resources, and its tiny population has kept its age-old traditions alive. Explore the island on foot, enjoy local entertainment, and sample local delicacies. Return to *Exploris One* by Zodiac before setting sail toward the Eqi Glacier, one of nature's great spectacles. B,L,D

FRIDAY, SEPTEMBER 5: EQI GLACIER / QEQERTAQ

Board Zodiacs in the company of naturalist guides and embark on an up-close cruise to the toe of the monumental **Eqi Glacier**, which stands more than 30 stories tall with a width of more than three miles. This large tidewater glacier, which flows directly into the sea, originates from the Greenland Ice Sheet, which covers more than 80 percent of the island.

As you approach the Eqi Glacier, loud cracks, seemingly of thunder, break the silence as huge chunks of ice "calve," or break off, into the bay, forming icebergs. **Have your cameras ready as this epic scene unfolds**, with pieces of various sizes crashing into the water. Learn more about the formation of the Eqi Glacier and how climatologists are monitoring it and similar glaciers as Earth's temperature rises.

Stay on the Zodiacs for the voyage back to *Exploris One*, enjoying a lunchtime sail to **Qeqertaq**, a small settlement of 140 people. A local guide will lead you on a tour of the village, where residents primarily earn their living through halibut fishing and a fish processing facility. Halibut is a valuable and sought-after delicacy, particularly when transformed into *rækling*, a wind-dried version of the fish. B,L,D

Seagull over Eqi Glacier, photo by Yannick Pulver, Visit Greenland





Icefjord Centre, photo by Aningaaq Rosint Carlsen, Visit Greenland

SATURDAY, SEPTEMBER 6: ILULISSAT / DISKO BAY

Be on deck this morning to see the Northern Hemisphere's most active glacier—**Jakobshavn**—often surrounded by icebergs in all shapes and sizes and in varying shades of white and turquoise. Jakobshavn comprises part of the Ilulissat Icefjord, known as “the birthplace of icebergs.” Designated as a UNESCO World Heritage Site in 2004, Ilulissat Icefjord produces nearly 20 million tons of ice daily into Disko Bay.

Step ashore in **Ilulissat**, founded in 1741 and now Greenland's third-largest settlement, with a population of 4,900. The town offers a very small yet intriguing selection of museums and art galleries for a deeper look at Greenlandic art, history, and culture.

During our guided walking tour of Ilulissat, take an inside look at the **Ilulissat City Museum**, with its exhibits covering prehistoric life, urban history, fishing practices, and Greenlandic national clothing. You will also peruse the museum's collection of photographs by Danish photographer Jette Bang and pioneering anthropologist Knud Rasmussen.

You may have some free time to explore the **Icefjord Centre**, which opened in 2021. Here, art and science converge to enhance our understanding of Greenland's ice sheets and their global significance. Take an inside look at art installations and a display of ice cores that document climatic and cultural changes dating back as far as 100,000 years, holding insights into forgotten events like volcanic eruptions and meteor impacts.

In the evening, board local fishing boats for a sunset cruise among icebergs that have recently been calved off the enormous glaciers.

B,L,D

SUNDAY, SEPTEMBER 7: KUANNIT COAST / QEQERTARSUAQ (DISKO ISLAND)

In Disko Bay, transfer to Zodiacs for a cruise along Disko Island and its Kuannit Coast, where huge volcanic cliffs and basalt rock columns offer refuge for numerous sea birds. Considerably younger geologically than mainland Greenland, Disko Island boasts tall basalt mountains formed by volcanic activity dating back 25 to 65 million years. Its unique location between the low and high Arctic climates fosters diverse flora uncommon for its latitude.

Return to *Exploris One* later this morning and depart for North Greenland's former capital of **Qeqertarsuaq**, a small fishing town founded in 1773, set on a peninsula on Disko Island's southern coast. With a backdrop of gleaming red basalt mountains and black-sand beaches, step ashore for a guided walk and meet a local expert to learn about Qeqertarsuaq's history and secrets of modern Arctic life.

Stop at the charming, octagonal **Qeqertarsuaq Church**, built in the early 20th century. Then enjoy an inside look at the **Qeqertarsuaq Museum**, housed in the former official residence of the bailiff for North Greenland. Delve deep into the museum's exhibitions on the town's colonial history, its Arctic research station, and the paintings of Jakob Danielsen (1888–1938), a Danish-born artist and local hunter.

B,L,D

MONDAY, SEPTEMBER 8: EVIGHED FJORD

Sail into **Evighed Fjord**, which is aptly named “the fjord of Eternity,” as it stretches over 60 miles, seemingly endless in its beauty. The landscape transitions from glaciers to tundra, with rich flora and jagged, bird-filled cliffs.

Step off a Zodiac cruise, then take a gentle hike amid the stunning glacial scenery and watch as birds such as white-tailed eagles and black-legged kittiwakes soar above. Later, return to *Exploris One* and gather for the captain's festive farewell dinner this evening.

B,L,D



Kuannit Coast, photo by Paul Zizka, Visit Greenland



EXPLORIS ONE



Exploris One

The recently renovated *Exploris One* (formerly Silversea Cruise Line's *Silver Explorer*) was specially designed to sail the world's most demanding waters in the polar regions. Equipped with a reinforced hull, *Exploris One* is a global benchmark for exploring glacial regions in a completely safe environment. Enjoy an exceptional level of comfort, along with personalized service.

The ship features 60 cabins and 12 suites, among the most spacious available on expedition ships. Enjoy a fitness and well-being area, panoramic decks and lounges, and outdoor Jacuzzis for a moment of relaxation with a view. Onboard Zodiacs allow passengers to disembark all together several times a day, depending on the navigation conditions, in areas that are usually inaccessible.

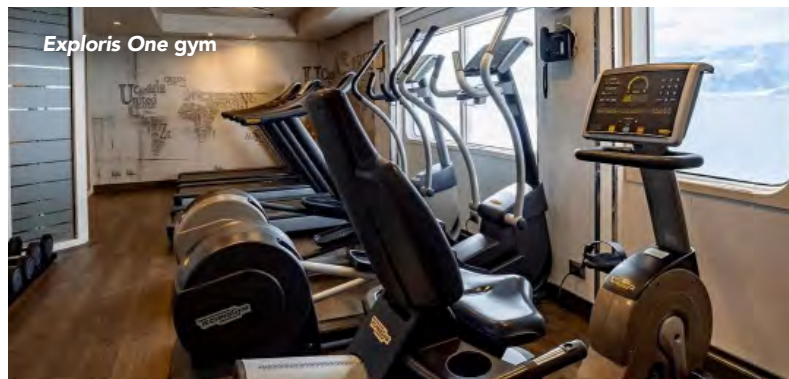
TUESDAY, SEPTEMBER 9: KANGERLUSSUAQ / DISEMBARK / REYKJAVÍK, ICELAND / RETURN

After disembarking this morning, transfer to the Kangerlussuaq airport for the charter flight back to Iceland to connect to homebound flights. B,L,D

While Cornell is pleased to facilitate travel opportunities for its alumni and friends with tour operators that specialize in high-quality educational travel, please be aware that Cornell does not conduct, manage, or operate these travel experiences, or act as an agent for travelers interested in tours. Tour operators and travelers are responsible for making their own safety decisions concerning this travel, and, as a facilitator between travelers and the tour operators with whom travelers make arrangements for completing travel, Cornell's role and liability are strictly limited. Specific tour operator and national health and safety protocols will apply to each trip, and travelers should review all protocols and trip terms and conditions, including terms and conditions regarding cancellations, refunds, health and safety, and insurance prior to making a reservation. Cornell is not responsible for changes to trips or travel arrangements or for losses, expenses, damages, or injuries resulting from travel.

DISCLAIMER: This itinerary is subject to change at the discretion of Cornell's Adult University and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.

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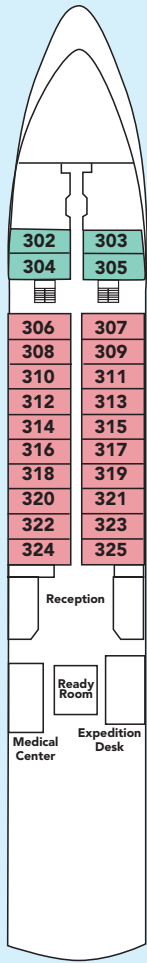


Exploris One gym

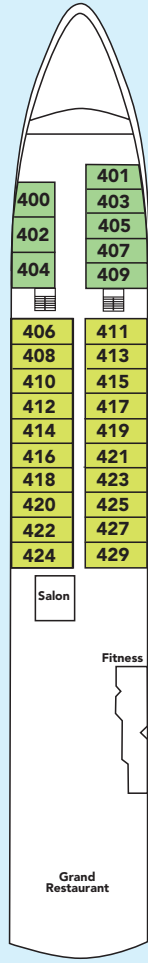


Exploris One Grand Restaurant

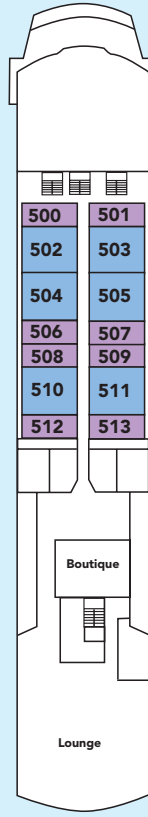
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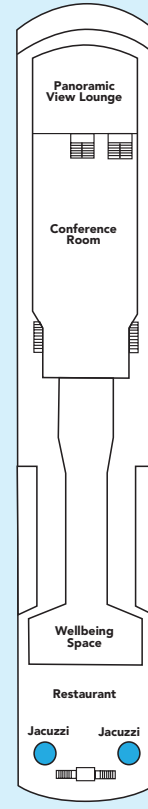
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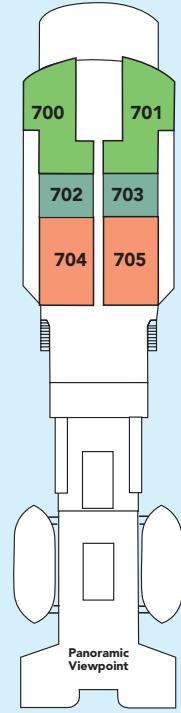
DECK 4



DECK 5



DECK 6



DECK 7

CRUISE RATES

Cabins	Decks	Double	Single
302-305	Deck 3	\$8,999	\$10,999
Premium staterooms (appx.160 sq ft, two portholes)			
306-325	Deck 3	\$9,999	\$12,499
Ocean Staterooms (appx. 192 sq ft, small picture window)			
400-405, 407, 409	Deck 4	\$10,999	\$13,799
Superior Staterooms (appx. 185 sq ft, small picture window)			
406, 408, 410-425, 427, 429	Deck 4	\$11,999	\$17,999
Deluxe Staterooms (appx. 192 sq ft, large picture window)			
500, 501, 506-509, 512, 513	Deck 5	\$14,999	Inquire
Balcony Staterooms (appx. 210 sq ft, French balcony)			
502-505, 510, 511	Deck 5	\$19,999	Inquire
Discovery Suites (422 sq ft, two French balconies)			
702 & 703	Deck 7	\$20,999	Inquire
Navigator Suites (400 sq ft, private balcony)			
700 & 701	Deck 7	\$22,999	Inquire
Grand Suites (618 sq ft, private balcony)			
704 & 705	Deck 7	\$25,999	Inquire
Owners Suites (728 sq ft, large private balcony)			

RATES INCLUDE

- One night hotel accommodations in Reykjavik, Iceland
- Eight nights cabin accommodations aboard *Exploris One*
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, R=Reception, D=Dinner). Bottled water, soft drinks, juices, and coffee/tea with all meals; thoughtfully selected wine and beer with all included lunches and dinners; complimentary open bar aboard *Exploris One* throughout the cruise (including all standard spirits)
- Privately chartered, internal, round-trip flights (Reykjavik-Kangerlussuaq-Reykjavik)
- Airport/hotel/airport/pier/airport group transfers for all participants on suggested and charter flights
- Enrichment program of lectures and talks
- Escorted sightseeing, transportation, and entrance fees for all included visits
- Taxes, service, and portage charges; gratuities to local guides and drivers; customary shipboard gratuities

NOT INCLUDED IN RATES: International airfare to/from Reykjavik; passport/visa fees; meals not specified; premium spirits and alcoholic beverages other than what is noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; excess baggage; trip insurance; any other items not specifically mentioned as included.



Qeqertarsuaq Museum, photo by Aningaaq Rosing Carlsen, Visit Greenland

Inuit women on boat, National Museum, photo by Peter Lindstrom, Visit Greenland



**CORNELL'S ADULT UNIVERSITY
GREENLAND'S ARCTIC GRANDEUR
AUGUST 30 – SEPTEMBER 9, 2025
RESERVATION FORM**

To reserve a place, please call Arrangements Abroad at 212-514-8921 or 800-221-1944; email: trips@arrangementsabroad.com; fax: 212-344-7493; or complete and return this form with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees) payable to *Arrangements Abroad*. Mail to: Arrangements Abroad, 260 West 39th Street, 17th Floor, New York, NY 10018-4424.

Name(s) in full as on passport(s). Please print.

Address

City

State

Zip

Telephone (home)

(business)

Fax

E-mail

ACCOMMODATIONS

Exploris One cabin preference (1) _____ (2) _____

I wish to share a cabin with _____

FORM OF PAYMENT

- Enclosed is my check (payable to *Arrangements Abroad*)
- Debit card Credit card Wire transfer

Name on credit/debit card

Credit/debit card number

3- or 4-digit security code

Expiration date

I/We confirm that I/we have carefully read and agree to the *Terms & Conditions* of this Program (see www.arrangementsabroad.com/terms to review or call for a copy). I/We agree to full payment 120 days prior to departure. Each participant must sign below.

Signature (required)

Date

Signature (required)

Date

Front cover: Qeqertarsuaq. Highlights page: Ilulissat Icefjord, Disko Bay. Traveling with You page: National Costumes, Greenland National Museum & Archives, Nuuk, photo by Peter Lindstrom, Visit Greenland

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Humpback whale near Ilulissat Icefjord