

**CAU SUMMER 2024 WEEK 1, JULY 7-13**

**COURSE:** Sailing: Learning with On-Water Practice

**FACULTY:** Ivan Sagel, Director and Senior Instructor of the Merrill Family Sailing Center

**LOCATION:** Merrill Family Sailing Center

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Morning Refresh, RBG Lounge (optional)	Morning Refresh, RBG Lounge (optional)	Morning Refresh, RBG Lounge (optional)	Morning Refresh, RBG Lounge (optional)		
7:30-8:30am	Safe travels to campus!	Breakfast, Toni Morrison Dining (optional, pay as you go)	Breakfast, Toni Morrison Dining (optional, pay as you go)	Breakfast, Toni Morrison Dining (optional, pay as you go)	Breakfast, Toni Morrison Dining (optional, pay as you go)	Breakfast, Toni Morrison Dining (optional, pay as you go)	Breakfast, Toni Morrison Dining (optional, pay as you go)
Break/free time	Break/free time	Break/free time	Break/free time	Break/free time	Break/free time	Break/free time	
9:00am-12:00pm	You're getting closer!	Sailing Theory & Safety	Upwind efficiency & balance	Downwind fun or "Why does the boat feel slow?"	Right of way & "Rules of the road"	Intro to racing & regatta or sail to Taughannock	Check out 10am
Break/free time		Lunch/free time	Lunch/free time	Lunch/free time	Lunch/free time	Lunch/free time	
1:30-3:30pm	Welcome! Resident check-in at RBG Hall, 2pm-4pm	Sailing/On Water Practice	Sailing/On Water Practice	"Spring Break"	Sailing/On Water Practice	Class BBQ	
Break/free time							
4:00-5:00pm	Welcome! Commuter check-in at RBG Hall	Happy Hour, RBG Lounge	Happy Hour, RBG Lounge	Happy Hour, RBG Lounge	Happy Hour, RBG Lounge	Happy Hour, RBG Lounge	
5:00-7:00pm	Opening Reception & Welcome Dinner, Toni Morrison, Toni Morrison Residence Hall	Dinner on your own	6:00: Community Dinner, RBG Lawn	Free Time	Dinner on your own	Farewell Reception, Moakley House	
7:00-8:00pm	Keynote Address, Toni Morrison Residence Hall	Evening Lecture, RBG Lounge	7:30: Evening Lecture, RBG	Free Time	Evening Lecture, RBG Lounge	Farewell Banquet, Moakley House	
8:00-10:00pm	Ice Cream Social, RBG Lounge	Trivia Night, RBG Lounge	Free Time	Bingo, RBG Lounge	Stargazing at Fuertes Observatory	Free Time	

