

CAU		Class: Sailing				Instructor: Ivan Sagel	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM							
8:00 AM		Breakfast					
9:00 AM		Sail Theory and Safety	Upwind efficiency and balance	Downwind fun or why does the boat feel slow?	Right of way and "rules of the road"	Intro to racing	Check- out
10:00 AM		Boat Parts and Rigging				Friday Regatta	
11:00 AM		Lunch	Lunch	Lunch	Lunch		
12:00 PM							
1:00 PM							
2:00 PM	Check-in at Ruth Bader Ginsburg	Sailing!	Sailing!	Spring Break	Sailing!	Friday BBQ	
3:00 PM							
4:00 PM		Happy Hours - Wine Tastings and Tours					
5:00 PM	Welcome Reception	Dinner on your own	Tuesday Community Dinner and Lecture	Dinner on your own	Dinner on your own	Friday Reception	
6:00 PM	6:30 Welcome Dinner					Friday Banquet at Moakley House	
7:00 PM	7:15 Faculty Orientation						
8:00 PM	Ice Cream Social	Movie Night		Bingo	Stargazing		
9:00 PM	Hospitality Lounge						
10:00 PM	Hospitality Lounge opens for service from 6:30pm-10pm every evening.						