



Cornell **CAU**  
**Education Vacations**

130 Seneca Place  
Alumni Affairs and Development  
Ithaca, NY 14850  
cauinfo@cornell.edu

Dear Participants,

Welcome to CAU Sailing on Cayuga Lake!

We will be meeting at the Merrill Family Sailing Center at 1000 East Shore Drive each day. Our facility sits on the peaceful shores of Cayuga Lake, a perfect place to learn to sail. We will start with sailing fundamentals and build skills throughout the week. The week will end with a fun regatta to test your skills and a BBQ.

What to bring?

- Clothing appropriate for the weather
- Closed toe shoes
- Sun protection (hat and clothing or sunblock)
- Gloves to protect your hands (even cloth gardening gloves with rubber palm are fine)
- A small dry bag to keep personal belongings and an extra layer of clothes

To get you excited for a wonderful week out on the lake, I am including a link to the PowerPoint slides we will be reviewing throughout the week:

<https://drive.google.com/drive/folders/1H8fPwElek2rfZ-Obkpw4qqoWyB5Bvk9W>

I look forward to meeting you soon!

Ivan Segal