

Amy Kohut has been skillfully leading groups and individuals towards their professional goals for over 25 years. She has deep experience in many facets of professional realms: for-profit, non-profit, higher education and government.

As the owner of 1 Step Coaching and Consulting, she offers Leadership Coaching, Emotional Intelligence and Team Development workshops. She leads workshops and coaches using DiSC, MBTI, EQi 2.0 (Emotional Intelligence), Leadership Profile Inventory, Strengthsfinder, the Leadership Wheel, and is a certified coach with both the International Coach Federation and Presence-Based Coaching.

Amy served as the Director of Cornell University's Team & Leadership Center from 2006-2016. She continues to work for Cornell in the SC Johnson College of Business with the Executive MBA program and is a Sr. Facilitator with the Cornell Team & Leadership Center. She is a member of The International Coach Federation, is the Chair of the Board of Directors of the Experiential Training and Development Alliance, and is a faculty member of Presence Based Coaching, LLC.

Amy's workshops, trainings and classes are both engaging and insightful. She lives in Brooktondale, NY.